



Turun Suunnistajat **TIOMILAVINNARE 1994**

Reunion Nynäshamn 2024

PRESENTATION of THE TEAM

- Age in 2024, leg and rank in 1994
- Life and work in 2024
- Orienteering activity and club in 2024
- Tiomila-starts and the last one before 1994
- Major achievements as orienteer
- Training background in 2024
- Expectations for Tiomila 2024

#1 Rasmus Ødum

- Age 59 later this year, 1st leg in 1994 (42.)
- Birkerød, Denmark. COO in COWI Group, stopping to work this year
- Still orienteering in DK and abroad. Clubs: OK Øst & IFK Göteborg
- Approximately 15 10Mila starts. Last one in 2014
- 4th at World Cup Austria 1988; 12th in WOC LD in 1989. 10th NOC LD 1990 - but all topped by winning 'the double' (Jukola and 10Mila) with TuS in 1994!
- Trying to train 5-7 times per week
- Meeting the team again and have as much fun this time as 30 years ago - maybe even more



#3 Pasi Tölkö

- Age 52, 3rd leg in 1994 (2.)
- Piikkiö, close to Turku. Owner & CEO of a HWAC-company
- Orienteering just for fun, no club
- Ca. 19 times in Tiomila, so 2024 is my 20th – previous time was in 2014
- After Tiomila 1994, we won 1997 SM-relay and 2002 Finnspring relays
- Coaching futsal and football teams, so I try to run when I had time
- I try to do not make mistakes and enjoy orienteering



#2 Lassi Virtanen

- Age 53, second leg in 1994 (42.)
- Helsinki downtown. Sourcing Director in forest industry
- Still orienteering but running less competitions. My club today is Rasti-Lukko, Rauma, same club where I started to orienteer in early 80's
- 17 times, last run was in 2004 in Kolmården
- On the top of first place in 1994 Tiomila, I have won Jukola twice 1995 & 1996
- I'm active in sports and trying to keep myself fit. Running 2000 km and skiing 1000 km/year + going gym twice/week
- I expect nice experience in good terrain; however, I have had some injuries which may disturb my race



#4 Ville Repo

- Age 48, 5th leg in 1994 (3.)
- Pirkkala, close to Tampere. Retired from Air Force in 2021.
- Active orienteering, 15-20 race per year. My club is Tampereen Pyrintö.
- 14-15 times. First Tiomila was 1994, latest 2013.
- JWOC relay 3rd 1995, Tiomila 1st 1994, Jukola 1st 1996 and 2001, Jukola 3rd 2002
- 2000km skiing, 1-2 times running per week and one gym training per week through the winter. Looking forward to see 1994 teammates and enjoy my first långa natten in Tiomila



#5 Jouni Hannula

- Age 55, 4th leg (Långa Natten, 4.) in 1994
- Turku city. Entrepreneur in financial business
- Last orienteering in 2009, haven't been running in last five years at all until this spring
- 14 times, last time in 1997
- Finnish champion in night orienteering 1993, Tiomila & Jukola no 1. in 1994
- Slowly learning to run again
- Hope to get legs working (avoid Achilles problems) and have fun!



#7 Tommi Tölkö

- Age 50, 7th leg in 1994 (5.)
- Barcelona. Data Analyst on Data Center industry
- A few competitions yearly, Club Badalona Orientació. I got wiped out from the football field so I'm coming back to orienteering as much as my knee allows
- Ca. 25 times, last time in 2015
- 5 Jukola Victories
- Trying to train 7 hours a week
- No mistakes!



#6 Jyrki Nieminen

- Age 56, 6th leg in 1994 (4.)
- Tammela, near Forssa in SW Finland. Working as local forestry Specialist at Stora Enso
- Still orienteering and my club is Lounais-Hämeen Rasti
- 15-18 times (can't remember exact) and the last one maybe around 2002
- Jukola first places 1994, 1996 and second place 1993. 10-mila first place 1994
- Keep fit by skiing, orienteering and gym. Main goal is to keep up health
- Looking forward to see guys and how is 10-mila today



#8 Jukka Nikulainen

- Age 52, 8th leg in 1994 (2.)
- Kerava, near Helsinki. Working at the foreign ministry
- No orienteering 2006-2012. Since 2013 Jukola has been the start and the end on the O-season almost every year
- Somewhere btw 10 and 15, I guess. Last TuS Tiomila start in 2001 or 02 and once in an unofficial team in 2005
- Just a relay-man. Tiomila and Jukola victories in 1994
- After last year's Jukola some cycling, a bit skiing, bouldering and gym. Some running in March-April
- Meet the guys, laughing, fun, pain during the final seven kilometers of the 8th leg & unavoidable 2-4 minutes of the mistakes



#9 Petri Forsman

- a. Age 55, 9th leg in 1994 (1.)
- b. Nummela, 40km from Helsinki. Working for City of Espoo as Outdoor sports leader
- c. Many minor and bigger injury issues last years, have not been very active orienteer, running for Hiidenkiertäjät
- d. I believe my last Tiomila was 2012? Not sure how many in total, maybe 15?
- e. WOC relay 3rd in 1993. Three Jukola, two Tiomila wins
- f. In the winter I have been basically only skiing. Orienteering starts again in April
- g. Try to make it under 10min/km, as a team I hope that we can have a result



#10 Janne Salmi

- a. Age 55, 10th leg in 1994 (1.)
- b. Kaarina, close to Turku. Working as a head coach of Norwegian O-Federation
- c. Semi-active through the years, 10-15 races per year. Still running for Turun Suunnistajat
- d. 30 Tiomila-starts, last being in Nynäshamn 2018
- e. Two WOC-gold, 5 other medals. Three Jukola-victories, 1 x Tiomila, 1 x 25-manna
- f. Training 5-6 times a week. Mostly short runs in the forest-paths
- g. High social expectations – great to see and run with the guys again!

